

# FATIGUE

Fight adrenal fatigue, control anxiety levels and recharge your battery with improved sleep quality. This treatment is best for those prone to headache, stress, anxiety and insomnia.

## Benefits

- Helps with relaxation
- Lowers blood pressure
- Eases Anxiety
- Improves immune function
- Speeds up illness recovery

## The Formula

- 500ml IV fluid
- 2.5ml CN Multi-B Forte
- 50mg Taurine
- 10g Ascorbic Acid (VitC)
- 10.6mg Zinc Chloride

**\$300**

# WEIGHTLOSS/PERFORMANCE

This weightloss cocktail includes essential vitamins and amino acids to aid with recovery and endurance, increasing lean muscle and workout capacity. This infusion gives your body the fuel it needs during strenuous exercise, supporting musculoskeletal and cardiovascular systems

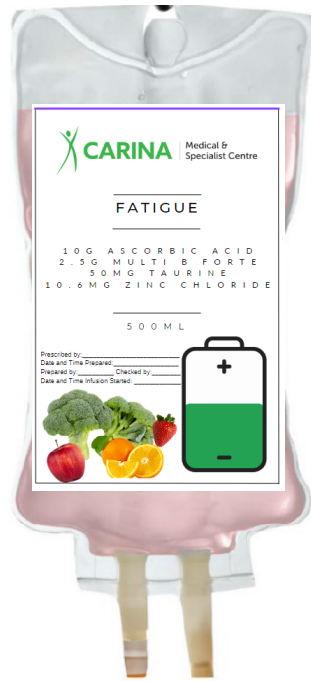
## Benefits

- Replenishes electrolytes
- Boosts energy
- Improves endurance & Strength
- Speeds up recovery time
- Aids with weightloss

## The Formula

- 500ml IV fluid
- 2.5ml CN multi-b Forte
- Amino Acids (Arginin/Ornithine)
- CN BCAA
- 1g L-Carmitine
- 50mg Taurine
- 10g Ascorbic Acid

**\$350**



# CARINA

Medical & Specialist Centre

# IV INFUSION

## NUTRITION THERAPY



## CONTACT US



(07) 3398 8188



396 Stanley Rd, Carina 4152



reception@carinamedical.com.au

# ABOUT THE INFUSION

## Why Get an IV Infusion

IV nutrition therapy is a safe IV infusion that promotes vitamin and mineral supplementation that your body needs to help boost your immunity and promote healing. At Carina Medical Centre your GP will provide a script for the best IV infusion that would benefit to your health. IV nutrition therapies are extremely beneficial as the nutrients is entering straight into your bodys and missing your GI tract, in normal oral supplementation it is proven to loose 80% of your supplements in your GI tract.

## What to Expect

### On the day of Infusion

Post screening with one of our general practitioners a nurse will run through the consent of your IV nutrition infusion and what to expect during the infusion. A small cannula will then be administered by a Doctor or trained nurse to which the IV bag with the minerals will be administered. The Infusion shouldn't take more than half an hour to run. The nurse will complete observations and ensure you do not have an adverse reaction during and post procedure.

### Post Infusion

Post infusion we will remove the cannula and you have the cannulation site dressed with some tape and a cotton ball. We like you to wait 10 minutes post infusion to monitor, you will be free to go to enjoy the rest of your day. Due to significantly low side effects you will have no downtime.

### Side Effects/ Adverse reactions

IV nutrient therapy is extremely safe therapy that has monitored dosing by pharmacists and the health practitioners at Carina Medical & Specialist centre. Like all procedures you may see some uncommon side effects including:

- Nausea
- Headache
- Anaphylaxis to a vitamin
- Fever like symptoms
- Rash
- Redness and tenderness at cannulation site

If you experience any of these reactions please report to one of our staff.

## Fees

Our overall fee includes the infusion and constant monitoring by a trained health practitioner, this fee is not charged through medicare & is a one of practice fee per infusion. All fees are stated next to the chosen infusion stated on the next page/s.



# SKIN BRIGHTENING

Your skin is one of the first things people notice about you. In order to put your best foot forward, you want to do everything you can to have clear, glowing skin. Along with a normal skincare routine, vitamins in the Skin Brightening drip formula can help you get there faster. The drip will allow your body to absorb the vitamins and get to work giving you the best skin you've ever had.

## Benefits

- Fights free radicals
- Enhances skin luminosity
- Strengthens immune system
- Improves skin elasticity
- Reduces oxidation
- Improves liver function

## The Formula

- 500ml IV fluid
- 10g Ascorbic Acid (VitC)
- 1,000mg Glutathione

**\$190**



# IMMUNITY

The immunity booster is the perfect cocktail to help alleviate chronic symptoms like inflammation, fatigue, anxiety and stress and restore balance to your mind, body and soul. This Vitamin Cocktail will boost your immunity naturally through vitamins.

## Benefits

- Hydration
- Improves immune system
- Boosts gut health
- Improves adrenal fatigue
- Alleviates Stress

## The Formula

- 500ml IV fluid
- 2.5ml CN multi-b Forte
- 1.25g Magnesium Sulphate
- 10.6g Zinc Chloride
- 10g Ascorbic Acid (Vitamin C)

**\$300**

